7th Grade Elective Course Selections

2025 -2026

# Required Semester Electives

## Semester Team Sports and Semester Health

Each student will have either Fitness or Health 1st semester and switch to the other 2nd semester. PE waivers must be reviewed and approved by counselor and administration.

## Description

## PE – Team Sports: Emphasis on team sports, conditioning, sportsmanship and healthy lifestyle.

**Health:** Students learn about mental health, healthy eating, healthy lifestyle, diseases and human body.

# Full Year Electives

|  |  |  |
| --- | --- | --- |
| Course | Description | Requirements |
| AVID 7th Grade | Advancement Via Individual Determination, is a college readiness program designed to help students develop the skills they need to be successful in college. The program places special emphasis on growing writing, critical thinking, teamwork, organization and reading skills. Students must meet certain criteria to apply. | Must have at least 1 advanced course. Application required |
| Band 2 or 3 | Band 2: 2nd year students who wish to focus on wood wind, brass or percussion instruments. Band 3: 3rd year students who wish to focus on wood wind, brass or percussion instruments. | Recommended by teacher. Must have taken band 1 or 2 |
| Chorus 1, 2 or 3Music Theatre | Chorus 1 is the first-year choir class, open to students with no previous choral experience. Chorus 2 is the second-year choir and is open to all 7th and 8th graders. Chorus 3 is the advanced level choir and is for advanced students with demonstrated abilities in sight reading and knowledge of proper vocal tone quality. Music Theatre is for students to combine singing and acting. | For 1 none; for 2 &3 Requires recommendation Music Theatre – little to none experience |
| Dance 1 & 2 | This class is designed for students to participate in Color Guard/ Show Dance routines. | Dance 1 is a requirement for Dance 2 |
| Gifted Advanced Academics | The course is designed for gifted students to enrich and challenge them with rigorous material.  This class is divided into three years focusing on different academic and interdisciplinary coursework. Student must have existing EP | Gifted students only; EP Required |
| Guitar 1 or 2 | 1 is a beginner course for students that have little to no experience in playing strings. 2 is for students that have had Guitar 1 or has experience in strings | None for1; experience for 2 |
| ICT 1 and 2 - Computers | A yearlong computer course that is an introduction to Core Computer Concepts, software, programming and lower-level certifications | ICT 1 is a requirement for ICT 2 |
| Orchestra 1 | This is an introductory class for all grade level students interested in learning violin, viola, cello or string bass. | none |
| Orchestra 2 | This class is for students with one or more years’ experience, who are proficient in three basic scales and able to sight read Level E literature | Audition. Must have previous experience. |
| Orchestra 3 | This performance- based ensemble is the culmination of all previous musical training. This orchestra class will build on previous orchestral training to increase the focus of performance preparation and participation. | Audition. Must have previous experience. |
| Spanish 1 | Introduces students to the target language and its culture. An introduction to reading and writing is also included as well as culture, connections, comparisons, and communities. (HC) | none |
| STEM | Semester courses designed to be a hands-on, project-based class in which students develop problem-solving skills, a proper safety attitude, and basic skills in wood project construction and Electronics | None for regular. Application for STEM Academy |
| Studio Art 1 and 2 | Students are introduced to the rigor and routine of the art production process including planning, producing, and reflecting on art.  Projects may include but not be limited to drawing, painting, printmaking, collage, mixed media, pottery, and sculpture. | Visual Art 1 is recommended |